Schedule an appointment with your adviser.

Here are some questions you can ask your adviser at an advising appointment:

- What are the best ways to benefit from working with a major or career departmental adviser regularly?
- Attend and/or volunteer for the Undergraduate Research Symposium and/or meet with an adviser in the Undergraduate Research Center to get your resume and cover letter reviewed.
- Attend the Job and Internship Fair.
- Search Handshake for on and off campus summer job and internship opportunities and visit the Career and Internship Center to get your resume and cover letter reviewed.
- Attend the Job and Internship Fair.
- Attend and/or volunteer for the Undergraduate Research Symposium and/or meet with an adviser in the Undergraduate Research Program.
- Apply to be matched with Alumni through the Huskies@Work Program to learn more about their career journeys and workplaces.
- Explore opportunities to serve as a mentor.
- Get involved in ASUW.
- Explore new student organizations related to your major and/or career goals.

Here are some questions to ask yourself:

- What strengths do I bring from my previous academic and co-curricular experience to UW?
- What did I enjoy at my previous institution that I want to continue at UW?
- What factors should I consider when planning my post-graduation plans?
- What are the best ways to benefit from working with advisers and faculty in academic departments?
- What are some ways to do this once I arrive on campus?
TRANSPORT ADVISING GUIDE

ACADEMIC RESOURCES

ADVISING
General academic advisers support pre-major students by helping them navigate their academic pathways. Department advisers are for students in majors or are interested in specific fields. Students may see both general and departmental advisers.
http://www.washington.edu/uaa/advising/

CLUE
CLUE is the UW’s free multidisciplinary study center located in Mary Gates Hall, Commuter and Transfer Commons (CTC), and Othello Commons.
academicsupport.uw.edu/clue

PRE-HEALTH ADVISING
Pre-Health Advisers can help you explore, plan your academic coursework, reflect on your health care experiences, and go through the application process.
washington.edu/uaa/prehealth/

ACADEMIC SUCCESS COACHING
Academic Success Coaches partner with students to overcome academic challenges and foster academic success.
http://academicsupport.uw.edu/academic-success-coach/

DISABILITY RESOURCES FOR STUDENTS
If you are a student with a disability, DRS will partner with you to establish academic accommodations for the purpose of removing environmental barriers that are impacting your access to the campus facilities, programs and activities.
https://depts.washington.edu/uwdrs/

CO-CURRICULAR RESOURCES

RSO AND CAMPUS INVOLVEMENT
At UW there are over 900 registered student organizations (RSOs). If you aren’t interested in any of the current RSOs, you can create your own!
UWS-community.symplicity.com

STUDY ABROAD
If you want to study abroad, The Study Abroad offices will help you build a global experience into your undergraduate education. Programs range from 10 days to one year. Drop in advising available every weekday.
washington.edu/studyabroad

EXPD
The Center for Experiential Learning & Diversity (EXPD) helps connect students with learning opportunities outside the classroom through community engagement, research, and scholarship opportunities.
expd.uw.edu

HUB: HUSKY UNION BUILDING
As UW’s student union, the HUB is your home for community, entertainment, and discovery. The HUB is also home to a variety of student services, including the Student Activities Office, RSO Resource Center, HUB Games (bowling/pool/gaming), student government (ASUW/GPSS), and many others.

CAREER AND INTERNSHIP CENTER
The Career & Internship Center works with students to connect their academics and extracurricular activities with future plans. The center hosts workshops on internship or job search strategy, leads small-group coaching about networking, and provides short videos on resume and cover letter writing.
careers.uw.edu

COMMUNITY RESOURCES

Q CENTER
If you identify as queer (gay, lesbian, bisexual, two-spirit, trans, intersex/Questioning, same-gender-loving, allies), the Q Center can provide you academic and social community through education, advocacy, and support services.
qcenter.washington.edu

ECC: SAMUEL E KELLY ETHNIC CULTURAL CENTER
The Kelly ECC is a safe and welcoming space dedicated to including all communities including underrepresented and first-generation students of color. Here students can get involved in any of the over 100 multicultural registered student organizations as well as find co-curricular and cultural enrichment opportunities.
depts.washington.edu/ecc/

OFFICE OF STUDENT VETERAN LIFE
If you are a military veteran, OSVL has a team of skilled staff that understand your unique situation and are here to provide support and guidance to help you successfully navigate the UW.
vetlife.washington.edu

wǝɫǝbʔaltxʷ • INTELLECTUAL HOUSE
The Intellectual House provides a learning and gathering space where American Indian and Alaska Native students can come together in a supporting and welcoming environment.
Washington.edu/diversity/tribal-relations/intellectual-house

HEALTH AND WELLNESS

COUNSELING CENTER/HALL HEALTH
The UW Counseling Center provides a safe environment to help students explore the challenges of life and learning through counseling, outreach, preventive programming, advocacy, and consultation.
washington.edu/counseling/

LIVEWELL
LiveWell provides direct support for students affected by alcohol, drugs, relationship violence, sexual harassment, or suicidal thoughts, as well as general wellness care.
livewell.uw.edu

UW RECREATION
Stay active and have fun with UW Recreation! UW recreation has opportunities for all students including, the IMA (our campus gym), Intramural Sports, boat rentals, a golf range, fitness classes, and more!
washington.edu/ima