

TRANSFER ADVISING GUIDE

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ACTIVITIES

Wondering how to make the most of your academic year? Review these academic and co-curricular activities and consider adding them to your to do list each quarter

QUESTIONS

Reflection and questioning will help you get the most out of college and your advising experience. Don't know what questions to ask? Here are some questions for you to reflect on and ask your adviser.

[Schedule an appointment or email your adviser.](#)

PRE-ENROLLMENT

- Plan for admission to your intended major. Explore admission process on [major department websites](#).
- Sign up for [Transfer Advising and Orientation \(A&O\)](#). See the [New Husky Admissions website](#) for things to do before enrolling.
- [Ensure transcripts are submitted](#).
- Reflect on how you will use your remaining general education course requirements and electives to [enhance your UW education](#).
- Plan for personal and academic adjustments to your new institution (i.e. moving closer to campus, working fewer hours, using study resources).
- Explore activities outside the classroom you would like to get started on or continue from your previous institution.
- If applicable, connect with Disability Resources for Students ([DRS](#)), Veteran Education Benefits Office ([VEBO](#)), Office of Student Veteran Life ([OSVL](#)), Office of Student Financial Aid ([QSFA](#)), and/or Housing and Food Services ([HFS](#)).

QUESTIONS TO ASK YOURSELF:

- What strengths do I bring from my previous academic and life experience to UW?
- Have I anticipated what my commute, job and academic schedule will look like?

QUESTIONS TO ASK YOUR ADVISER:

- How can I best prepare to make the most out of my first quarter?
- Given my academic goals, how should I plan and prioritize classes and other activities?
- I know I have limited time at the UW, but want to be as engaged as possible. What are some ways to do this once I arrive on campus?

QUESTIONS FOR DEPARTMENTAL ADVISERS:

- What scholarships exist within my major department that I can be considered for?
- Based on my interests, are there any special course offerings you suggest that I take next year, or professors to take classes with?
- How can I get involved in research within the department?
- What opportunities for leadership or mentorship are available within the major?

QUARTER ONE

- Have a plan and timeline to declare your major. If your intended major is capacity constrained, create a parallel plan.
- Learn about the [UW Satisfactory Progress Policy](#) and how it might impact you.
- Attend information sessions or [visit/contact an adviser in your intended department\(s\)](#).
- Connect with your assigned adviser and/or departmental adviser regularly.
- Participate in [Transfer Student Celebration Week](#) events in October!
- Start exploring research and engagement opportunities available to you in your departments/colleges of interest.
- Attend the RSO Fair.
- Sign up for a [Handshake](#) account.
- Attend class and learn how to adjust your [study habits](#) to the UW.
- Connect with the [Commuter and Transfer Commons](#).

QUESTIONS TO ASK YOURSELF:

- What part of my academics am I enjoying the most? What am I finding most challenging?
- What is my plan to take care of myself emotionally and physically this year, while also balancing my academics?
- What new opportunities do I want to explore?
- What am I learning about myself and my interests during this transition to my new institution?
- Where will I find familiarity in a time of transition?
- How am I creating and forming community at UW?

QUESTIONS TO ASK YOUR ADVISER:

- Is my course and major trajectory realistic and strategic?
- How will the satisfactory progress policy impact me, if at all?
- What are ways that I can achieve my goals, beyond just my major choice?
- How should I plan for studying abroad or other experiential learning opportunity? How should I think about incorporating it into my academic planning?

QUARTER TWO

- Connect with faculty and advisers in your intended department(s).
- Begin to think about your plans for the summer. Do you plan to work? Take coursework? Volunteer?
- Consider applying for an on-campus job.
- Sign up to participate in the [Undergraduate Research Symposium](#).
- Declare/apply to your major or work with your adviser on a pre-major extension plan.
- Use what you learned Autumn quarter to adjust study and time management approaches.
- Explore new [student organizations](#) related to your major and/or career goals.

QUESTIONS TO ASK YOURSELF:

- What did I enjoy at my previous institution that I want to continue at UW?
- How do my interests inside the classroom relate to activities I might want to be involved in outside the classroom?
- What am I doing well, to maintain my physical, mental, and social well being? What adjustments do I want to make to help me to feel my best?
- What adjustments do I need to make in my study strategies?
- Consult peers with similar interests to hear about their experiences.

QUESTIONS TO ASK YOUR ADVISER:

- Beyond my major related courses, what are the options for how I can use my remaining credits?
- What are the best ways to benefit from working with advisers and faculty in academic departments?
- What are options for co-curricular involvement?
- How can I advance the exploration of my career interests?
- I was not admitted to my first choice major, how might I achieve my goals in a different major?

QUARTER THREE

- Solidify your plan for summer and consider options such as working, participating in research, or studying abroad.
- Search Handshake for on and off campus summer job and internship opportunities and visit the [Career and Internship Center](#) to get your resume and cover letter reviewed.
- Attend the Job and Internship Fair.
- Attend the [Undergraduate Research Symposium](#) and/or meet with an adviser in the [Office of Undergraduate Research](#)
- Apply to be matched with Alumni through the [Huskies@Work](#) Program to learn more about their career journeys and workplaces.
- Explore opportunities to [serve as a mentor](#).
- Get involved in [ASUW](#).
- Explore new [student organizations](#) related to your major and/or career goals.

QUESTIONS TO ASK YOURSELF:

- What post-graduation plans do I have that require application preparation, standardized tests, etc.
- What kinds of activities can I be involved in related to my academic interests?
- What other courses or experiences do I want to have at UW? Are there minors I may want to pursue?

QUESTIONS TO ASK YOUR ADVISER:

- How can I explore some of my interests through coursework that is outside of my major?
- What academic activities can I get involved in outside the classroom that will enrich my education?
- What factors should I consider when planning my summer activities?

RESOURCES FOR STUDENTS

ACADEMIC RESOURCES

ADVISING

General academic advisers support pre-major students by helping them navigate their academic pathways. Department advisers are for students in majors or are interested in specific fields. Students may see both general and departmental advisers.

advising.uw.edu

CLUE

CLUE is the UW's free multidisciplinary study center located in Mary Gates Hall, with in-person and virtual tutoring support available as well as exam review sessions.

academicsupport.uw.edu/clue

PRE-HEALTH ADVISING

Pre-Health Advisers can help you explore, plan your academic coursework, reflect on your health care experiences, and go through the application process.

washington.edu/uaa/prehealth

ACADEMIC SUCCESS COACHING

Academic Success Coaches partner with students to overcome academic challenges and foster academic success.

academicsupport.uw.edu/academic-success-coach

DISABILITY RESOURCES FOR STUDENTS

If you are a student with a disability, DRS will partner with you to establish academic accommodations for the purpose of removing environmental barriers that are impacting your access to the campus facilities, programs and activities.

depts.washington.edu/uwdrs

CO-CURRICULAR RESOURCES

RSO AND CAMPUS INVOLVEMENT

At UW there are over 900 registered student organizations (RSOs). If you aren't interested in any of the current RSOs, you can create your own!

huskylink.washington.edu

STUDY ABROAD

If you want to study abroad, the Study Abroad office will help you build a global experience into your undergraduate education. Programs range from 10 days to one year. Create a profile on their website and connect with a study abroad adviser.

washington.edu/studyabroad

CELE CENTER

The Community Engagement and Leadership Education (CELE) Center connects students with learning opportunities outside of the classroom. Develop your knowledge, skills, and attitudes to create thriving communities through programs and classes that incorporate volunteering, leadership, and authentic community engagement.

cele.uw.edu

UNDERGRADUATE RESEARCH

The Office of Undergraduate Research provides resources and support to students across all disciplines to enable the creation of transformative research experiences. Gain experience with tackling actively contested questions, empirical observation, and cutting-edge technologies by working under the mentorship of faculty and alongside your peers as you work to answer important unknowns.

washington.edu/undergradresearch

CAREER AND INTERNSHIP CENTER

The Career & Internship Center works with students to connect their academics and extracurricular activities with future plans. The center hosts workshops on internship or job search strategy, leads small-group coaching about networking, and provides short videos on resume and cover letter writing.

careers.uw.edu

COMMUNITY RESOURCES

Q CENTER

If you identify as queer (gay, lesbian, bisexual, two-spirit, trans, intersex/questioning, same-gender-loving, allies), the Q Center can provide you academic and social community through education, advocacy, and support services.

qcenter.washington.edu

HUB: HUSKY UNION BUILDING

As UW's student union, the HUB is your home for community, entertainment, and discovery. The HUB is also home to a variety of student services, including the Student Activities Office, RSO Resource Center, HUB Games (bowling/pool/gaming), student government (ASUW/GPSS), and many others.

hub.washington.edu

ECC: SAMUEL E. KELLY ETHNIC CULTURAL CENTER

The Kelly ECC is a safe and welcoming space dedicated to including all communities including underrepresented and first-generation students of color. Here students can get involved in any of the over 100 multicultural registered student organizations as well as find co-curricular and cultural enrichment opportunities.

depts.washington.edu/ecc

OFFICE OF STUDENT VETERAN LIFE

If you are a military veteran, OSVL has a team of skilled staff that understand your unique situation and are here to provide support and guidance to help you successfully navigate the UW.

vetlife.washington.edu

wəʔəbʔaltx™ - INTELLECTUAL HOUSE

The Intellectual House provides a learning and gathering space where American Indian and Alaska Native students can come together in a supporting and welcoming environment.

washington.edu/omad/intellectual-house

HEALTH AND WELLNESS

COUNSELING CENTER

The UW Counseling Center provides a safe environment to help students explore the challenges of life and learning through counseling, outreach, preventive programming, advocacy, and consultation.

washington.edu/counseling

HUSKY HEALTH CENTER

Husky Health Center provides medical care through a wide range of services in person, by phone and via tele-medicine. Same-day care is available for urgent needs and students can utilize the onsite pharmacy, seek immunizations, consult with the nurse advice line and more to address their medical needs.

wellbeing.uw.edu/topic/medical-get-started

LIVEWELL

LiveWell provides direct support for students affected by alcohol, drugs, relationship violence, sexual harassment, or suicidal thoughts, as well as general wellness care.

livewell.uw.edu

UW RECREATION

Stay active and have fun with UW Recreation! UW recreation has opportunities for all students including, the IMA (our campus gym), Intramural Sports, boat rentals, a golf range, fitness classes, and more!

uw.edu/ima